

Health & Immunization Requirements

Entry Requirements for Medical Assistant & Professional Health Care Worker (CNA) Programs

Overview

The items below — five vaccines plus TB screening — are still **required before enrollment and clinical externship**. Review what's needed for each, gather documentation from your doctor, pharmacy, or a local clinic, and record the details in the tracking tables at the end of this form.

Student Name: _____

Date of Birth: _____ Sex: ☐ M ☐ F

Training Program: ☐ Medical Assistant ☐ Professional Health Care Worker (CNA)

What You Need

1. Hepatitis B *(vaccine)*

What it is: Protects against Hepatitis B, a virus spread through blood and bodily fluids — a real exposure risk in clinical settings.

What's needed: Completed 2-part vaccine series, OR Completed 3-part vaccine series from childhood, OR a positive titer (blood test) showing immunity.

Process: If you don't have prior vaccination records, your doctor or a local pharmacy (e.g., CVS, Walgreens) can start the series or order a titer test. The series is given over several months, so start as early as possible.

2. Varicella (Chickenpox) *(vaccine)*

What it is: Protects against chickenpox.

What's needed: 2-dose vaccine series, OR a titer showing immunity.

Process: If you had chickenpox as a child, a titer test can confirm immunity instead of vaccination. Ask your doctor for either option.

3. Tdap *(Tetanus, Diphtheria, Pertussis)*

What it is: A combination booster protecting against tetanus, diphtheria, and whooping cough (pertussis).

What's needed: One dose, valid for 10 years. If your last Tdap was more than 10 years ago, you'll need a booster.

Process: Available at most primary care offices, urgent care clinics, and many pharmacies.

4. MMR *(Measles, Mumps, Rubella)*

What it is: Protects against measles, mumps, and rubella.

What's needed: 2-dose vaccine series, OR a titer showing immunity.

Process: Many people were vaccinated in childhood — check old immunization records first. If unavailable, a titer test can confirm immunity, or you can complete the 2-dose series.

5. Influenza (Flu Shot) *(Seasonal/Annual vaccine)*

What it is: Protects against seasonal flu.

What's needed: One dose, renewed every year during flu season.

Process: Available seasonally at pharmacies, clinics, and doctor's offices, typically starting each fall.

Exception: If Influenza (Flu Shot) is not available due to season, participants may proceed with enrollment and exclude Influenza (Flu Shot) from requirements.

6. TB Screening *(Tuberculosis — screening test, not a vaccine)*

What it is: Confirms you don't have active or latent TB. Required by clinical externship sites regardless of program entry policy.

What's needed: A Quantiferon-Gold blood test (single visit, preferred) If either result is positive, a chest x-ray is required to rule out active TB.

Process: Available at your doctor's office, urgent care, or community clinics. Quantiferon-Gold needs only one visit.

Vaccine Tracking

Please attach lab results and/or immunization record.

JOBTRAIN

Requirement	Date(s) Given	Titer / Result	Initials
Hepatitis B (2-part series or Positive Titer)			
Varicella (2-dose series or Post Titer)			
Tdap (booster every 10 years)			
MMR — Measles/Mumps/Rubella (2-dose series or Pos Titer)			
Influenza (season/annual)			

TB Screening Tracking

Option	Date Administered	Initials	Date & Result
Quantiferon-Gold Blood Test (Annual)			
Chest X-ray (if positive Quantiferon — attach results)			

I give permission to release a copy of this form to my affiliating clinical facility. This information is held in confidentiality by the course instructor and the client services department of JobTrain.

Student Signature: _____ **Date:** _____

Please email the completed form to:

Paige Conklin (Outreach & Recruitment) - pconklin@jobtrainworks.org

For general support :

Outreach@jobtrainworks.org