



Professional Health Care Worker

Start Date: Please contact our front desk staff. (650) 330-6429

Location: JobTrain- 1200 O'Brien Drive, Menlo Park, CA 94025

Length of Training: 2 modules, 16 weeks (480 hours) plus state review and exam

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| Module I | 460 Hrs – 14 weeks | CNA |
| Module II | 40 Hrs – 2 weeks | Home Health Care |
| | 100 Hrs – (Module I) | Volunteer |
| | 10 Hrs – (Module II) | Volunteer |

Clinical portion located at **Our Lady of Fatima Villa** - 20400 Saratoga-Los Gatos Road, Saratoga, CA 95070
Volunteer @ Local Senior or Child Facilities (see Instructor)

Days/Time: Monday - Friday, 8:30 am - 3:15 pm (13 weeks of theory)
Tuesday @6:00am - 3:00pm; Friday @1:30pm - 8:00pm
Some Saturdays during clinical portion @1:30pm – 8pm

Entry and class Requirements: JobTrain Orientation and WONDERLIC assessment. Must have basic math skills and show evidence of good health. Must be free from conviction by any court (other than minor traffic convictions) or have clearance from the California Department of Health Services. Must be able to exert 20 – 50 lbs. of force occasionally, 10 – 25 lbs. of force frequently, and/or up to 10 lbs. of force constantly to move objects. Students must complete 100% of training hrs in order to qualify for state exam.
Must pass a physical and a PPD/pr chest x-ray/immunizations – must be completed before first day of class. Must acquire CNA Liability Insurance before Clinical Begins.

Instructional Outcomes: **Communication:** Must maintain objectivity in the workplace, demonstrate interpersonal conflict resolution, observation, working with the patient in the context of the family, reporting and charting skills, and clear oral and written communication. Knowledge of nursing assistant ethics and professionalism. Life Skills and Job Readiness workshops are included in training.
Patient Care: Working knowledge of patient rights, infection control, weights and measures, basic patient care and procedures, vital signs, nutrition, long-term care, rehabilitation nursing, mother and baby care, pediatric health and diseases and understanding and management of death and dying.
Emergency: Prevention and management of catastrophes, emergencies, and unusual occurrences. Safety procedures and body mechanics, emergency codes, symptoms of patient distress, and immediate and temporary interventions.
State Exam for Certification: Knowledge, skills, and terminology to prepare for taking the state examination at course completion.

Completion Requirements: Are based upon entry/class requirements and completing instructional outcomes.

Certification Track: State of California Certified Nurse Assistant Certification
State of California Certified Home Health Aide

Career Opportunities: Certified Nurse Assistant, Reproductive Health Specialist and other related occupations. Employment in skilled nursing, extended care facilities, and home health care agencies and registries. CNA's are employed in acute hospital settings, though further training is required by most.

Mission Statement: JobTrain is committed to helping those who are most in need to succeed. Our purpose is to improve the lives of people in our community through assessment, attitude and job skills training, and high potential career placement.