



Professional Health Care Worker

Start Date: Please contact our front desk staff. (650) 330-6429
Location: JobTrain- 1200 O'Brien Drive, Menlo Park, CA 94025

Length of Training: 16 weeks (480 hours) plus state review and exam

Theory & Clinicals 480 Hrs – 16 weeks	Certified Nursing Assistant & Home Health Aid
100 Hrs	Volunteer hours in addition to class time

Days/Time: Monday - Friday, 8:00 am - 2:30 pm
Hours will vary during Clinical Portion.

Clinical Location: Atherton Regency- 1275 Crane St, Menlo Park, CA 94025

Entry and class Requirements: JobTrain Orientation and WONDERLIC assessment. Must have basic math skills and show evidence of good health. Must be free from conviction by any court (other than minor traffic convictions) or have clearance from the California Department of Health Services. Must be able to exert 20 – 50 lbs. of force occasionally, 10 – 25 lbs. of force frequently, and/or up to 10 lbs. of force constantly to move objects. Students must complete 100% of training hrs in order to qualify for state exam.
Must pass a physical and a PPD/pr chest x-ray/immunizations – must be completed before first day of class. Must acquire CNA Liability Insurance before clinical portion..

Instructional Outcomes: **Communication:** Must maintain objectivity in the workplace, demonstrate interpersonal conflict resolution, observation, working with the patient in the context of the family, reporting and charting skills, and clear oral and written communication. Knowledge of nursing assistant ethics and professionalism. Life Skills and Job Readiness workshops are included in training.
Patient Care: Working knowledge of patient rights, infection control, weights and measures, basic patient care and procedures, vital signs, nutrition, long-term care, rehabilitation nursing, mother and baby care, pediatric health and diseases and understanding and management of death and dying.
Emergency: Prevention and management of catastrophes, emergencies, and unusual occurrences. Safety procedures and body mechanics, emergency codes, symptoms of patient distress, and immediate and temporary interventions.
State Exam for Certification: Knowledge, skills, and terminology to prepare for taking the state examination at course completion.

Completion Requirements: Are based upon entry/class requirements and completing instructional outcomes.

Certification Track: State of California Certified Nurse Assistant & Home Health Aid Certification

Career Opportunities: Certified Nurse Assistant, Reproductive Health Specialist and other related occupations. Employment in skilled nursing, extended care facilities, and home health care agencies and registries. CNA's are employed in acute hospital settings, though further training is required by most.

Mission Statement: JobTrain is committed to helping those who are most in need to succeed. Our purpose is to improve the lives of people in our community through assessment, attitude and job skills training, and high potential career placement.



ADMISSION POLICY

JobTrain vocational training programs are open to students regardless of whether they have graduated from high school, and regardless of their eligibility for funding.

- JobTrain counselors enroll students in classes based on their judgment of the students' ability to benefit from training, considering a broad range of factors including students' academic skills, employability, availability, completion of prerequisite activities or classes, attitudes, and previous training and employment history.
- In case enrollments are limited by class size, priority may be given to students based on availability of funding, education, aptitude, and other factors. Since some funding sources impose particular requirements regarding residence, barriers to employment, Selective Service registration, income, gender, etc., those may be factors considered in prioritization of enrollments.